

## Welcome to the Stuntworx Elite Level 6 Programme!

Alliance is our Worlds Team competing in International Open Level 6 (formerly Level 5) and will be competing at the Cheerleading Worlds 2020 in Florida at the end of April. This will be the 4<sup>th</sup> time Alliance will compete at this prestigious event and each year we have placed higher and we hope to continue on an upward trajectory!

Please find all the current details for your new team below and take note of everything you need in order to make the start of the season the best for you!

### Costs

Deposit €100 **Due June 26<sup>th</sup>**

Alliance runs a season from June to May and as such the fees are slightly different from other teams.

Please note Worlds flights and accommodation are not included in the monthly rate. **If you are a member of Team Ireland**, these fees are already covered as part of your Team Ireland payments.

Included in your fees are:

2 x domestic competition entries, bus x2, accommodation for 21CC, music, choreography, training kit, tracksuit, personal accident insurance, and t-shirt

Tuition cost is approximately €3.20 per hour for Alliance.

You will pay €100 on acceptance of your position in June. Then a monthly fee of €92.50 from July to May inclusive. If you are a crossover, you will pay the Alliance fees plus the smaller crossover rate. (110 per month instead of 92.50 – there will be no other tuition fees. Crossover comp fees of €10 per comp apply)

Flights and accommodation for Worlds vary depending on the exchange rate and the number of nights we stay in Disney.

For accommodation and flights for 10/11 days, you are looking at an approximate cost of €1300. We suggest you put this money aside weekly or follow a payment plan.

Instalment dates for flights and accommodation will be:

September 350, November 350, January 350, March (Balance of fees)

We will space these away from your monthly tuition.

**YOU MUST PROVIDE A CREDIT CARD** to keep your spot on a team.

If you suffer financial hardship, we believe this should not affect your child, please contact us and we will work out a payment plan that will suit your circumstances.

### **Training Schedule:**

The team will train every Wednesday from 6.30-8.00pm and Saturday from 2pm-5pm. Your summer training dates are below. Please note the current term ends on June 16<sup>th</sup>. Tumbling and some stunting will take place on Wednesdays, team training Saturdays.

June                26+29

July                3+6, 10+13, 17+20, 24+27

Summer Training ends July 27<sup>th</sup> and resumes from the week starting August 19<sup>th</sup>, so please make note of this break. The season officially begins on **August 19<sup>th</sup>**.

We expect all stunt groups to be hitting their routine stunts prior to the first choreography session. This will not happen if stunts groups are consistently missing for summer training. You must make an effort. The effort put in during summer training will determine the outcome for choreography.

### **Choreography:**

Choreography dates will be released soon. We are looking at hiring a choreographer this season and we will know more in August. This session will be over a weekend (Saturday and Sunday) in September.

### **Training Wear:**

We will receive a club t-shirt and 2 piece training kit. Also included in your tuition is a team tracksuit.

You must fill out the measurement sheet attached and return. Once you have returned this and paid your first instalment, the team order will be sent away and we should then have all our kit by September. Any delays in payment will result in the full team order being delayed.

### **Uniform:**

Uniform is not included in the tuition payment but you will be given a fundraising card to buy your uniform if you require one.

### **Competitions**

We have not yet clarified our 2019/20 events however, we will most certainly be competing at 21CC on December 7<sup>th</sup>. This is a 1 day event in Gormanston College, Co. Meath (stayover event).

Our 2<sup>nd</sup> event is in Celtic Spirit on March 7<sup>th</sup>. This is another 1 day event in Breaffy, Castlebar, Co. Mayo.

We will be displaying at our Showcase in April as well. Dates to be announced.

### **Finance:**

Cheerleading is not cheap, but nor is any other popular sport. Please carefully consider using the club savings scheme to put money aside weekly. There should be no reason any of our expenses come as a shock! Putting €20 aside each week will leave you with €500 come December. Be clever with your payments.

### **Fundraising:**

Each year we attempt to do as much fundraising as possible. Table quizzes, raffles, bake sales, and store bag packing seem to be the most effective, but this should be organised by the team. We would be happy to give you letters to send to stores etc to help you on your way. We encourage participation in fundraising committee as we think one large event would be better for the team to make the most of fundraising. Last season, the fundraisers were organised very late, and as a result the funds were not distributed until the week prior to Worlds. Parents and athletes must take responsibility for fundraising. We cannot do it for you!

### **Training Expectations:**

We expect all members to be at all practices of the team once the summer period has ended. Summer commitments are to be expected but must be communicated at least 2 weeks prior to your missed session. Choreography cannot be missed for any reason. In extreme cases, you may be allowed a replacement to learn your choreography but they must be capable of stunting to your level and obviously cannot be on the team already.

We expect you to come dressed appropriately, with clean hair in a bow and showered. Personal hygiene is a must! Training Kit must be worn to all team practices. Other clothing is allowed at tumbling, privates, and open gym.

We expect you to give 100% at all times while at training. There will be a procedure for those not giving 100% consisting of 2 spoken warnings, 1 written and then immediate dismissal.

All athletes will be expected to keep up their personal fitness this summer. Any lapse in fitness levels will result in the athlete being requested to do extra conditioning sessions.

### **Commitment to the Team:**

Committing to the team means more than just showing up to practice. It means making gains in your stunting and tumbling ability, continuously striving to get skills that add to the team and help us to be competitive. You must spend time working on your conditioning. **If you are not conditioned to do the stunts that we are demanding, you will not be capable of the skills no matter how many times you try or how good your coaches are.** If you are a **flyer**, it means spending time **every day on your flexibility**. Jump tucks are a staple of this level. If you currently do not have a jump tuck or jump front tuck, you must work harder than everyone else to gain this skill before our first event of the season.

If you are not hitting required skills, you will be made take a course of private or semi private sessions.

### **Substitutions and Replacements:**

From time to time on every team you will have replacements (usually early in the term as people realise they cannot commit for whatever reason). If you are replaced or quit the team, there will be no refunds.

Please keep all the above for your reference. Print and return the paragraphs below.

Agreement to financial and time commitment to Stuntworx Elite (PRINT AND RETURN)

I agree that I/my child (circle as appropriate) is/am willing to fully commit to the training schedule of Stuntworx Elite Alliance.

I understand the financial commitment of being a member of this exclusive programme and I agree to pay my fees and bills in a timely manner as per the schedule above. Late fees of €20 will be added automatically 72 hours after the due date passes without payment being received.

I understand that I am not only representing my own club and team as part of the programme, but also all the other clubs involved as well as the Stuntworx Elite Brand which encompasses 21<sup>st</sup> Century Cheer. As a result, I agree to always represent my team in the best light possible and I am aware that should I bring the brand into disrepute, I will be immediately dismissed from the team. No refunds will be given on any item in this case.

Athletes are expected to be on the floor at 2pm/6.30pm sharp or can expect to be suspended from practise.

Signed (Athlete) \_\_\_\_\_

Signed Parent (if u18) \_\_\_\_\_

Date: \_\_\_\_\_